



## DAY 3 DAILY DEVIL GO THE Blue devils.

The Devils were up for the meet, the warm up was good and a number of swimmers turned in some good performances. (check out the times and splits on meet mobile) However this was the day of the "Green Machine". They swam a fantastic session dominating the skins. They won 3 of the 4 and second in the other, and pushing hard in every race. In the hour and a half session they took 80 points out of the Hound Dogs and us. We still hold second place but the much-reduced margin of nineteen. This has set the last two sessions in Tauranga up to be a real humdingers.

We discussed at our team meeting that we needed to thank the green machine for lifting the bar because that has inspired the



to strive for an even better performance.

We were wondering if the rhythmical Gymnastics that Ali has had The Green Machine doing has a part to play in that. Here Ali can be seen watching as one of his boys goes through his large ball routine.





Clive our head coach and mentor looking pleased with himself His experience has been vital to ensure this tour is a success. Clive has spoken to the coaches offering advice and clarity in some issues. He has also kept an eye on all the athletes spending some time

with most helping them cope with the stress and strains of a swim tour.

There is also another unsung hero on this tour and that is Pauline Spear. Pauline is the tour recorder. She puts all the race data together ensuring all race entries are corrected and then putting the meet together. This has meant more that a couple of 1am finishes for her. Without this type of commitment the tour would not have got of the ground.

With the session over we headed back to the camp for 2<sup>nd</sup> breakfast and a rest.

Just prior to lunch we had our second guest speaker. Greg Cumming. He gave a great



presentation on what type of learner are you and getting to know yourself.

After lunch we loaded the bus and headed to the berry farm for a healthy icecream.

The afternoon concluded with a Cornrer ball competition One of the blue teams made it into the semi final but we had to watch the final fought out between two red teams.

## Honors Board

Swimmer of session 1 Islah kerr –Aim Swimmer of session 2 Bella Bassett-Foss Taupo Overall :Cole McDowell Swimmer Of session 3 Tavis Graham Stuart Graham Swimmer of sesssion4 Caitlin Taylor Whakatane overall: Joshua Gilbert



Nags time Johnson Bishop 200 fr

For you train spotters out there. If you see a new Nags time I have missed text me 0276200854 and let me know so it can go on the board. Its hard to keep up with everything

Looking forward to the morning